

SEPTEMBER

LINCOLN & JEFFERSON BREAKFAST / LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 COLD CEREAL w/toast-pb & jelly, fruit, juice & milk CHICKEN BURGER w/potatoes, lettuce, tomato, fruit & milk	2 BAGEL w/cream cheese & jelly w/go-gurt, fruit, juice & milk HAMBURGER HOT DISH w/bread & butter, fruit, veggie & milk	3 FRENCH TOAST/SAUSAGE w/fruit, juice & milk HOT DOG on a BUN w/chips, veggie, fruit, dessert & milk	4 COLD CEREAL w/toast-pb & jelly, fruit, juice & milk NACHO SUPREME w/muffin, fruit, veggie & milk
7 NO SCHOOL!	8 CHEESE PIZZA w/fruit, juice & milk POLISH DOG on a BUN w/potato, fruit, veggie & milk	9 COLD CEREAL w/cinnamon pizza, fruit, juice & milk SUPER TATER 'OLE w/dinner roll, fruit, veggie & milk	10 EGG McMUFFIN w/potato, fruit, juice & milk HOT HAM & CHEESE SANDWICH w/potato, fruit, veggie & milk	11 WAFFLE STICK/SAUSAGE w/fruit, juice & milk HAMBURGER GRAVY w/mashed potatoes/gravy, roll, fruit, & milk
14 COLD CEREAL w/toast-pb & jelly, fruit, juice & milk PIZZA w/fruit, veggie, dessert & milk	15 GRILLED CHEESE SANDWICH w/fruit, juice & milk TATER TOT CASSEROLE w/dinner roll, fruit, veggie & milk	16 SCRAMBLED EGGS w/potato, toast, fruit, juice & milk CHICKEN NUGGETS w/dinner roll, fruit, veggie & milk	17 FRENCH TOAST STICK w/sausage, fruit, juice & milk SLOPPY JOE ON A BUN w/potato, pickles, fruit & milk	18 COLD CEREAL w/toast-pb & jelly, fruit, juice & milk TACO'S w/fruit, veggie, jello & milk
21 WAFFLE / EGG w/fruit, juice & milk CHICKEN FAJITA SALAD w/fruit, veggie, pudding & milk	22 COLD CEREAL w/toast-pb & jelly, fruit, juice & milk PRETZEL SANDWICH w/fruit, veggie, dessert & milk	23 BOILED EGGS w/potato, tst-pb& jelly, fruit, juice & milk MACARONI & CHEESE w/bread & butter, fruit, veggie & milk	24 PB & JELLY SANDWICH w/fruit, juice & milk TURKEY & GRAVY w/mashed potatoes, roll, fruit & milk	25 COLD CEREAL w/toast-pb & jelly, fruit, juice & milk CHEESE DIPPERS w/fruit, veggie, jello & milk
28 FRENCH TOAST w/potato, fruit, juice & milk CHICKEN FRIED STEAK w/mashed potatoes, roll, veggie, fruit & milk	29 CINNAMON PIZZA w/cheese stick, fruit, juice & milk TACO SALAD w/muffin, fruit, veggie & milk	30 COLD CEREAL w/donut, fruit, juice & milk CHILI / CINNAMON ROLL w/fruit & milk		

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